



# 15 JUNE - 3 AUGUST

A Countywide Festival

TICKETS AVAILABLE FROM  
**FESTIVAL  
BOX OFFICE**

01842 751975 or 07802 701911  
[www.leapinghare.org](http://www.leapinghare.org)

**Dr Satinder Sartaaj, honourable Patron  
of the Festival of Norfolk & Punjab**



**The Festival of Norfolk & Punjab is a countywide celebration of the life and achievements of the Duleep Singh family and their contribution to Norfolk. The Duleep Singhs, the last royal family of Punjab were associated with Norfolk for almost a century.**

Perhaps the most significant contribution came from Prince Frederick Duleep Singh who saved many local churches from closure, raised funds and supported renovation works. The Prince was a true son of Norfolk having one of the finest collections of portraits and books about the county, later donated to the Borough of Thetford by him and his sisters. Another gift to the town was the Ancient House Museum. His portrait collection was displayed at Thetford's Guildhall for many years, and a book published posthumously *Portraits in Norfolk Houses* is a lasting legacy. Over the years the Prince resided at Old Buckenham Hall, Breckles House, had a holiday home in the coastal village of Walcott and lived his last years at Blo Norton Hall.

Locally Princesses Bamba, Catherine and Sophia Duleep Singh gave much to the community, backing local initiatives including schools and churches. At a national level, Sophia Duleep Singh was a prominent



suffragette. She was a member of the Women's Tax Resistance League and was involved in rallies with the Pankhursts, coming to the attention of the national press as goddaughter of Queen Victoria. At an international level, Princess Catherine helped Jews escape Nazi Germany, gave them sanctuary at her home and all the sisters supported women's rights in India.

How fitting that this festival brings together the rich culture of Punjab with the diverse heritage of Norfolk by celebrating a prominent Sikh Royal family who gave so much to Norfolk whilst having their roots in Punjab. I feel so honoured to be part of this celebration, and congratulate the organisers and wish them every success.

**Peter Bance**

**Sikh Historian and biographer**

*Author of **Sovereign, Squire & Rebel: Maharajah Duleep Singh & the Heirs of a Lost Kingdom***

For details of all events and for more information [www.essexcdp.com](http://www.essexcdp.com)

 **Essex Cultural  
Diversity Project**

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## Jallianwala Bagh 100 Years On Sathnam Sanghera in conversation with Peter Bance

Sathnam Sanghera is an award-winning journalist, acclaimed author and broadcaster. His first television documentary *The Massacre that Shook the Empire*, shown recently on Channel 4, examined one of the darkest days in British and Indian history: The Amritsar Massacre. In conversation with Peter Bance, Sathnam talks about his experience of going back to his roots to the land of his parents and unearthing facts about the Jallianwala Bagh massacre.

**DATE:** Saturday 15 June 3pm - 4pm **VENUE:** Thetford Library IP24 2EA

**TICKETS:** Free (booking essential) available from the Festival Box Office  
01842 751975 or 07802 701911 [www.leapinghare.org](http://www.leapinghare.org)

## The Life and Legacy of Prince Frederick Duleep Singh

### A talk by Peter Bance

Sikh historian Peter Bance shares highlights in the life and achievements of Prince Frederick Duleep Singh, with a special focus on Norwich. Frederick made an important mark on the city, and was especially instrumental in saving several churches, including St Peter's Hungate, St Peter's near Elm Hill and St Swithin's, which is now Norwich Arts Centre.

**DATE:** Wednesday 26 June 7.30pm  
**VENUE:** Norwich Arts Centre NR2 4PG  
**TICKETS:** Free (booking essential)



**TO BOOK:**  
Norwich Arts Centre  
box office 01603 660352  
[www.ueaticketbookings.co.uk](http://www.ueaticketbookings.co.uk)



# Princess Sophia Duleep Singh Exhibition

This pop-up exhibition tells the extraordinary life story and contributions of Sophia Duleep Singh, suffragette, nurse, princess and dog lover.

The Anglo Sikh Online Museum touchscreen will also be available where the 3D jewellery of Princess Sophia will be on display.

**DATE:** Saturday 15 June – Saturday 3 August 10am – 5pm

**VENUE:** Ancient House Museum of Thetford Life IP24 1AA

**TICKETS:** Admission: Adult £4.70, Conc. £4.45, Child (4-18) £4, Family (1 adult) £12.40, Family (2 adults) £16.55.



## Queer History Tour - Part of Norwich Pride

Teenage History Club will reveal the queer stories and artefacts on display at Norwich Castle and the Museum of Norwich, including Duleep Singh linked items.

**VENUE:** Norwich Castle Museum & Art Gallery NR1 3JU

**DATE:** Friday 26 July 2.30pm – 3.30pm

**VENUE:** Museum of Norwich at the Bridewell NR2 1AQ

**DATE:** Saturday 27 July 10.15am – 11.15am

**TICKETS:** FREE (booking essential) available from Festival Box Office

## Escape Room: Escape the Closet

Are you brave enough to try your hand at Teenage History Club's Escape Room? Teams of up to 6 people per slot.

**DATE:** Friday 2 August 2.30pm onwards

**VENUE:** Ancient House Museum of Thetford Life Thetford IP24 1AA

**TICKETS:** £12 per team (Booking Essential) available from Festival Box Office

# Prince Frederick's Horses

Meet a costumed character to find out about Prince Frederick's role in training horses during the First World War and make a horse craft to take home.

**DATE:** Saturday 27 July 10am – 4pm

**VENUE:** Gressenhall Farm and Workhouse  
Dereham NR20 4DR

**ADMISSION:** Museums admission only:  
Adults £15, Conc. £14.25, Child £12.75,  
Family (1 adult) £39.60, Family (2 adults) £52.80.



# Forties Lynn - Family Event

Family friendly activities exploring Princess Catherine and Princess Sophia's experience of WW2 on the home front as part of a larger town-wide event.

**DATE:** Sunday 21 July 10am – 4pm

**VENUE:** Lynn Museum PE30 1NL

**TICKETS:** Free event – no need to book



# Sophia! Family Event

Discover the amazing story of Princess Sophia Duleep Singh by handling objects, meeting costumed characters and making crafts.

Princess Sophia performances by  
Grethe Mangala Jensen.

**DATE:** Saturday 3 August 10am – 5pm

**VENUE:** Ancient House Museum of  
Thetford Life IP24 1AA

**TICKETS:** Free event – no need to book



[www.museums.norfolk.gov.uk](http://www.museums.norfolk.gov.uk)

## KEY

<span style="color: #90EE90;">■</span> NORWICH	<span style="color: #FFD700;">■</span> THETFORD
<span style="color: #00CED1;">■</span> GRESSENHALL	<span style="color: #800080;">■</span> SOUTHBURGH
<span style="color: #FF00FF;">■</span> KINGS LYNN	<span style="color: #008080;">■</span> ELVEDEN
<span style="color: #000000;">■</span> THOMPSON	

## PROGRAMME

**Saturday 15 June – Saturday 3 August 10am – 5pm**  
**Exhibition: Princess Sophia Duleep Singh**

**Monday 10 – Sunday 16 June 10am – 4pm**  
**Pride of the People\***

**Saturday 15 June 3pm - 4pm**  
**Jallianwala Bagh 100 Years On**  
**Sathnam Sanghera in conversation with Peter Bance**

**Wednesday 26 June 7.30pm**  
**The Life and Legacy of Prince Frederick Talk**

**Saturday 29 June**  
**Healthy Punjabi Cooking 1pm – 2pm**  
**Bollywood Dance 2pm - 3pm**

**Saturday 29 June 7pm for 7.30pm**  
**Thomas Paine Punjabi Curry Night**

**Tuesday 2 July 10am – 2pm**  
**Votes for Women - Home Education Workshop**  
**(ages 5+) Lynn Museum. Booking Essential**

**Thursday 4 July 2.30pm - 3.30pm**  
**Prince Victor & the Curse of the Carnarvons Talk**

**Thursday 11 July 10am – 2pm**  
**Princess Sophia - Home Education Workshop (ages 5+)**  
**Ancient House Museum. Booking Essential**

**Thursday 11 July 2.30pm - 3.30pm**  
**Suffragettes vs the State Talk**

**Friday 12 July 2.30pm - 3.30pm**  
**Sophia Duleep Singh and Indian Suffragettes in Britain Talk**

**Sunday 21 July 10am – 4pm**  
**Forties Lynn. Lynn Museum**



Photos

Top  
 Peter Bance

Middle and bottom:  
 © Norfolk Museums  
 Service (Ancient House)

Monday 22 - Friday 26 July 10am – 4pm  
Pride of the People\*

Thursday 25 July 10.30am - 11.30am  
Mini Museum Club: Dragons and Knights

Thursday 25 July 2.30pm - 3.30pm  
Sikh Empire Artefacts from Maharajah Duleep  
Singh to Sophia Duleep Singh

Friday 26 July 2.30pm - 3.30pm  
Queer History Tour

Friday 26 July 6pm  
St Martin's Church Thompson Talk

Saturday 27 July 10am – 4.30pm  
Pride of the People\*

Saturday 27 July 10am – 4pm  
Prince Frederick's Horses

Saturday 27 July 10.15am – 11.15am  
Queer History Tour

Saturday 27 July 9am – 11pm  
Norfolk World Music Festival  
Featuring Jugnu Bhangra Group 2pm & 4pm

Tuesday 30 July - Saturday 3 August  
Pride of the People\*

Tuesday 30 July  
Healthy Punjabi Cooking 2pm – 3pm  
Bollywood Dance 3pm - 4pm

Friday 2 August 2.30pm onwards  
Escape Room: Escape the Closet

Friday 2 August 7pm - 10.30pm  
The Maharajah's Feast: Indian Curry Night  
at Elveden Village Hall

Saturday 3 August 10am – 5pm  
Sophia! Family Event

Saturday 3 August 1pm – 6pm  
Thetford Mela:  
Festival of Norfolk & Punjab Finale

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**\* PRIDE OF THE PEOPLE:**

**Helping History Out  
of the Closet**

Curated by Ancient House  
Teenage History Club in  
partnership with South Norfolk  
Council this exhibition explores  
what it was like to be as LGBTQ+  
or queer in the past. Discover  
the stories of Princess Catherine  
Duleep Singh and Lina Schafer  
and Justin Fashanu, the first  
openly gay professional footballer  
among others.

**Monday 10 – Sunday 16 June**  
**Gressenhall Museum**

**Monday 22 – Friday 26 July**  
**Norfolk & Norwich Library**

**Saturday 27 July**  
**Museum of Norwich**

**Tuesday 30 July - Saturday**  
**3 August**  
**Ancient House**

**ADMISSION:**

Normal museum admission  
[www.museums.norfolk.gov.uk](http://www.museums.norfolk.gov.uk)





# Healthy Punjabi Cooking and Bollywood Dance

Come and join Aya Cuisine for Punjabi cooking demonstrations: smell the spices, taste the food, and learn how to cook healthy Punjabi dishes from North of India. This will be followed by fun dance workshops where you can try out your Bollywood and Bhangra beats - see how dancing can promote wellbeing and be a fun way of keeping fit! With Norwich based Bollywood Sparkles on 29 June, and Jaya Dance on 30 July. An event for all ages.

**VENUE:** Saturday 29 June 1pm - 2pm and 2pm - 3pm Doors open 12.30pm  
Charles Burrell Centre Thetford IP24 3LH

Tuesday 30 July 2pm - 3pm and 3pm - 4pm Methodist Church Thetford IP24 2BQ

**TICKETS:** Free (Booking Essential) available from the Festival

Box Office 01842 751975 or 07802 701911

[www.leapinghare.org](http://www.leapinghare.org)



Funded by  
Breckland  
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Communities  
Fund

## Thomas Paine Punjabi Curry Night

All are welcome to this special event with hoteliers Gez and Rosie, who are celebrating their sixth anniversary of running the Thomas Paine Hotel. Join us for an evening of food and entertainment, with homemade authentic dishes from India, music, a Bhangra DJ and performances by Bollywood Sparkles.

**DATE:** Saturday 29 June

**TIME:** 7.00pm for 7.30pm

**VENUE:** Thomas Paine Hotel Thetford IP24 1AA

**TICKETS:** £30 (Booking Essential) available from Festival Box Office 01842 751975 or 07802 701911 [www.leapinghare.org](http://www.leapinghare.org)

For further information and dietary queries contact the Thomas Paine Hotel [enquiries@thethomaspainehotel.co.uk](mailto:enquiries@thethomaspainehotel.co.uk) or 01842 750372





# St. Martin's Church Thompson

## A Talk by Peter Bance

Remarkably unchanged since it was built and housing some of the finest collections of medieval and 17th century craftsmanship, it's astonishing to think that this wonderful building was due to be closed but for the intervention of Prince Frederick Duleep Singh in 1913. His actions saved the church and he also donated St Martin's War memorial. Peter Bance explores the extraordinary history of St Martin's and Prince Frederick's links to Breckles.

Light refreshments available

**DATE:** Friday 26 July 6pm

**VENUE:** St Martin's Church Thompson Thetford IP24 1QG

**TICKETS:** Free event – no need to book

# Norfolk World Music Festival Featuring Jugnu Bhangra Group

**Jugnu Bhangra Performances**  
2pm and 4pm

The Festival of Norfolk & Punjab collaborates with Norfolk World Music Festival on Norfolk Day to bring the traditional harvest dance of the Punjab to the Annual Festival, featuring Jugnu Bhangra Group with Bhangra performances and workshops.

Find out more at [norfolkworldmusicfestival.co.uk](http://norfolkworldmusicfestival.co.uk)

**DATE:** Saturday 27 July

**VENUE:** Burton Manor Barns Norfolk IP25 7SU

**TICKETS:**

Day ticket for Norfolk World Music Festival on Saturday - Adults £25, Children (7 - 12) £12, Children under 6 Free. Weekend tickets also available all from Festival Box Office  
01842 751975 or 07802 701911

[www.leapinghare.org](http://www.leapinghare.org)



# Ancient House Museum Talks

Ancient House Museum of Thetford Life IP24 1AA

**Prince Victor Duleep Singh & the Curse of the Carnarvons**  
**Thursday 4 July 2.30pm – 3.30pm**

William Cross, author, reveals the controversial story of the close friendship between Lord George Carnarvon, Earl of Highclere Castle and discoverer of Tutankhamun's tomb, and Prince Victor, grandson of Maharajah Ranjit Singh of Lahore.

**Suffragettes vs. the State – the movement for women's suffrage through The National Archives records Talk**  
**Thursday 11 July, 2.30pm – 3.30pm**

Vicky Iglikowski, Principal Records Specialist - Diverse Histories at The National Archive, explores some of the militant methods used by the Women's Social and Political Union (WSPU), including case studies relating to Suffragette Princess Sophia.

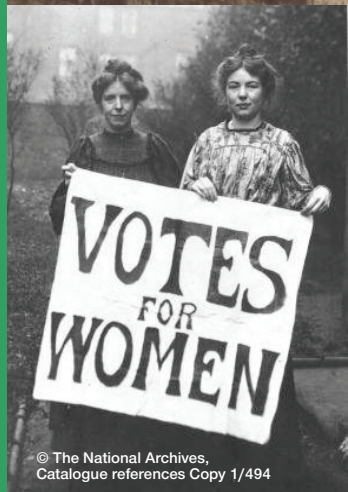
**Sophia Duleep Singh and Indian Suffragettes in Britain Talk**  
**Friday 12 July 2.30pm – 3.30pm**

Dr Sumita Mukherjee, historian and author of 'Indian Suffragettes: Female Identities and Transnational Network', highlights the role of Indian women in the suffrage movement, including that of Princess Sophia, who grew up at Elveden Hall.

**ANCIENT HOUSE**



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(Ancient House)



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Catalogue references Copy 1/494

## Sikh Empire Artefacts from Maharajah Duleep Singh to Sophia Duleep Singh

Gurinder Singh Mann, Historian and Director of the Sikh Museum Initiative will consider relics and artefacts that were in the possession of Maharajah Duleep Singh, as well as that of his mother's Maharani Jindan Kaur and the fascinating story of how they were handed down to Sophia Duleep Singh and her role in the Suffragette movement.

**DATE:** Thursday 25 July 2.30pm – 3.30pm

**VENUE:** Ancient House Museum IP24 1AA

**TICKETS:** Free. Booking essential available from the Festival Box Office 01842 751975 or 07802 701911 [www.leapinghare.org](http://www.leapinghare.org)



SIKH MUSEUM INITIATIVE





# The Maharajah's Feast: Indian Curry Night at Elveden Village Hall

As part of the Festival of Norfolk & Punjab we will be celebrating the rich cultural traditions of India. Join us for three-courses of North Indian Punjabi food by Aya Cuisine. We will start the evening by paying homage to Maharajah Duleep Singh who lived on Elveden Estate, with an introductory talk by Fraser Harrison, followed by dance, music and performances by artists from India.

**DATE:** Friday 2 August

**TIME:** 7.00pm - 10.30pm

**VENUE:** Elveden Village Hall IP24 3TJ

**TICKETS:** £25 available from Festival Box Office,  
01842 751975 or 07802 701911  
[www.leapinghare.org](http://www.leapinghare.org)

**BAR:** Cash bar available



## Essex Cultural Diversity Project

Energising cultural diversity in arts and heritage,  
in Essex and beyond. [www.essexcdp.com](http://www.essexcdp.com)

Essex Cultural Diversity Project  
would like to thank the following:

**Dr Satinder Sartaa**  
- Festival Patron

**Jasjeet Singh (USA)**  
- Producer of the film 'The Black Prince'

**Norfolk Museum Services**  
- Steve Miller & Jo Warr

**Ancient House Museum of  
Thetford Life**  
- Oliver Bone & Melissa Hawker

**Norfolk Library Services**  
- Kaleigh Goddard

**Leaping Hare CIC**  
- Corinne Fulford

**About Thetford Magazine**  
- Karen-Emma White  
**Peter Bance**

**Thomas Paine Hotel**  
- Gez & Rosie Chetal

**Jugnu Bhangra Group**  
- Shaminder Singh Bedi MBE

**Norfolk World Music Festival**  
- Anna Mudeka

**Norwich Arts Centre**  
- Pasco-Q Kevlin

**Elveden Village Hall**  
- Sue Scott

**The Lively Crew**  
- Valerie Watson Brown

**Aya Cuisine**  
- Safina Karim & Tracy Terry

**Sikh Museum Initiative**  
- Gurinder Mann

**ECDP Staff**  
- Jo Nancarrow & Nicky Bettell &  
ECDP Board of Trustees





## Festival of Norfolk & Punjab Finale

Following on from last year's successful finale of the Festival of Thetford & Punjab, this year's Thetford *Mela* brings together a range of colourful and vibrant performances from both India and Norfolk. Highlights include the outdoor Indian Village Raj Circus, the Rajasthan Heritage Brass Band, Jugnu Bhangra Dancers and Folk Dance Remix. There will also be food stalls and Henna Hand Painting. An event for all the family!

**DATE:** Saturday 3 August  
1.00pm – 6.00pm

**VENUE:** Thetford Riverside 'On The Green'  
Anchor Place Thetford IP24 3AQ

**TICKETS:** Free event - no need to book



Essex Cultural  
Diversity Project



Supported using public funding by  
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Breckland

ANCIENT  
HOUSE  
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